



Use of Point-of-Care Ultrasound in the Emergency Room and Intensive Care Unit—Thorax Part II

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KEYWORDS

• POCUS • AFAST • TFAST • Vet BLUE • Global FAST • Point-of-care ultrasound

KEY POINTS

- Traditionally difficult conditions that are often life-threatening may now be recognized by *seeing* the problem with evidence-based information using point-of-care ultrasound (POCUS).
- AFAST, TFAST, and Vet BLUE are easily achievable point-of-care ultrasound formats combined called Global FAST and used as an extension of the physical exam.
- Global FAST is always strived for to prevent imaging interpretation errors, ie, confirmation bias and satisfaction of search error, that may lead to patient mismanagement.
- TFAST fundamental echocardiography and use for pleural and pericardial effusions, pneumothorax, thorax-related soft tissue abnormalities, and Vet BLUE provide clear advantages over plain radiography.
- Global FAST should be part of the initial examination of all patients to decipher preexisting and acquired conditions.

INTRODUCTION

Diagnostic ultrasound is a safe, radiation sparing, imaging modality that is available to veterinary imaging specialists and many small animal practices worldwide. The point-of-care ultrasound (POCUS) is an effective low-risk and low-impact diagnostic tool that has been monumental in changing the approach to diagnosing and serially assessing emergent and critical small animal patients.

Use of POCUS began in the 1990s with the development of focused assessment with sonography for trauma (FAST) by human trauma surgeons [1–4]. The use of FAST ultrasound in people documented proficiency of nonradiologist physicians for recognizing cavitory, retroperitoneal and pericardial effusions [1–4]. In veterinary medicine, the initial FAST study was performed in dogs in 2004 [5]. The following

year, the original veterinary FAST examination was modified to include an abdominal fluid scoring system and was named AFAST along with the addition of a thoracic FAST protocol named TFAST [6,7]. These 2 formats were combined for patient evaluation for a *global quad cavity* assessment of the abdominal and pleural cavities, the retroperitoneal and pericardial spaces named Combo FAST [8]. T3 was applied to these acronyms indicating their use for trauma, triage (non-trauma), and tracking (monitoring) [8–11]. With the detection of lung pathology at the TFAST chest tube site (CTS), a more comprehensive lung ultrasound screening test evolved named veterinary brief lung ultrasound examination (Vet BLUE) [8,10,12–16]. These 3 formats when combined and used as a single ultrasound examination were called Global FAST and used

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ABBREVIATIONS

AFAST	abdominal FAST
Ao	aorta
AX	anaphylaxis
Cd	Vet BLUE caudodorsal region
CHF	congestive heart failure
CPE	cardiogenic pulmonary edema
Cr	Vet BLUE cranial region
CS-LUS	curtain sign of lung ultrasound
CS-PE	curtain sign of PE
CT	computed tomography
CTS	chest tube site
CVC	caudal vena cava
DH	diaphragmatico-hepatic view
ER	emergency room
FAST	focused assessment with sonography for trauma
GDTs	goal-directed tTemplates
GBWE	gallbladder wall edema
HR 5th bonus view	hepato-renal 5th bonus view
Hs of CPR	hypotension; hyperkalemia; hypertension, pulmonary; hypocontractility; hypoventilation, pleural space disease; heartworm, caval syndrome
HV	hepatic veins
ICS	intercostal space
ICU	intensive care unit
LA	left atrium
L-CHF	left-sided congestive heart failure
LUS	lung ultrasound
LV	left ventricle
Md	Vet BLUE middle region
NCPE	non-cardiogenic pulmonary edema
PA	pulmonary artery
PCE	pericardial effusion
PCS	TFAST pericardial site view
PE	pPleural eEffusion
Ph	Vet BLUE perihilar region
PHT	pulmonary hypertension
PTE	pulmonary thromboembolism
PTX	pneumothorax
RA	right atrium
R-CHF	right-sided congestive heart failure
RV	right ventricle
SAX	short axis

SIU	spleno-intestino umbilical view
SR	spleno-renal view
TFAST	The thoracic FAST consisting of bilaterally applied CTS, PCS, and single DH Views
Ts of CPR	tension, PTX; trauma, hemorrhage; thromboembolism, PTE; tamponade, PCE; toxin, AX; tear, left qtrial; tachypnea, aspiration pneumonia.
TXR	thoracic radiography
Vet BLUE	veterinary brief lung ultrasound examination
ZZC	zig-zag continuum

routinely in trauma and nontrauma as *an extension of the physical examination*. [8,17–24] Each of these formats is more than *flashing* or *targeting* and thus separates these Global FAST formats from POCUS, to avoid the danger of "asking the clinical question, followed by targeted POCUS imaging, to answer the specific clinical question(s) in binary fashion" that can lead to potentially serious imaging interpretation errors, that is, the "*cardiac*" and "*anaphylactic*" gallbladder [25]. Thus, this article will primarily focus on the 3 components of Global FAST, specific objectives and views, and describe an unbiased set of 15-data imaging points of the abdomen and thorax, including heart and lung.

The standardized formats of AFAST, TFAST, and Vet BLUE are combined as a single ultrasound format used as an *extension of the physical examination* and called Global FAST. Global FAST provides a vast amount of clinical imaging information that may be acquired within minutes [6–8,17,18,20,24–41].

Add-on POCUS imaging may be used for additional clinical information, such as a more detailed ultrasound approach to the heart or gastrointestinal tract, male and female reproductive tracts, volume estimation of the urinary bladder, locations of tubes and catheters, imaging soft tissue swellings, the eye, or long and flat bones for fractures [29,31,34–38,41–59]. Just like the stethoscope, ultrasound belongs in the hands of all veterinary professionals; however, responsible use should be advocated with standardized formats and clear objectives. This article will be unable to focus on the vast enormity of POCUS, and help avoid limitations of other formats described by others, and will hopefully pique the interest of the reader to explore unlimited creative POCUS uses in patient care [8,60].

The TFAST Examination

The TFAST consists of 5-views, including the bilaterally applied CTS Views (directly above the xiphoid to the upper 1/3 of the thoracic wall) and pericardial site (PCS) views (the 4–6th intercostal space [ICS]), and the singly applied diaphragmatico-hepatic (DH) view (subxiphoid) that is shared by TFAST, AFAST, and Vet BLUE [7,8,10,22–24,33,61,62]. TFAST and Vet BLUE are used to rapidly rule in and rule out pericardial and pleural effusion, pneumothorax, cardiac abnormalities using fundamental echocardiography, soft tissue abnormalities within the thorax (herniation, masses), upper and lower airway causes of respiratory distress [7,10,14,16,26,28,33,39–41,63–67].

The Chest Tube Site Views for Pneumothorax

The CTS view is the highest point on the thoracic wall over the pleural cavity where free air in the presence of pneumothorax (PTX) would rise to the least gravity-dependent location (Fig. 1) [7,8]. Thus, if *lung sliding* is observed (also called the *glide sign*) against the thoracic wall at the CTS view, or B-lines (also called *lung rockets*), then clinically relevant PTX is ruled out [7,8,18,19,24,62,67]. However, any evidence for lung being opposed to the intercostal space (ICS) qualifies [7,8,10,62,67,68]. The *lung point* is defined as the level along the chest in people, thorax in animals, where PTX is immediately dorsal, and evidence for lung recontacting the ICS is immediately ventral [7,8,10,17–19, 24,69,70]. A-lines *without lung sliding* plus a *lung point* confirms PTX [8,10,62,67,69–71]. When possible, the following should take place in any patient with suspected PTX: (1) move the patient to dorsal or sternal recumbency because air rises to the least gravity-dependent location (CTS view, upper 1/3), and the weight of collapsed lung falls into the gravity dependent pleural space, giving a true *lung point*, (2) use the *one-eyed gator sign* technique, placing the rib in the center of the screen, and (3) search for the *lung point* by moving along the “Vet BLUE line” at the middle one-third (perihilar Vet BLUE), and lower one-third of the thorax (middle Vet BLUE) [8,17,18,24,62,67]. In lateral recumbency, multiple *lung points* are possible because of gravity equal probe positioning, creating a confounding *double lung point* effect (see Fig. 1) [62,67,72–74]. Slower, deeper breathing patients make imaging *lung sliding* easier over the rapid, shallow breathing, or panting patient [7]. The *lung pulse* is additional evidence that lung (severely collapsed) is opposed to the thoracic wall but movement of the lung surface is in synchrony with heart beats [24,67,75]. The author likens *lung sliding* to

an Etch-a sketch cursor moving *to and fro* in synchrony with inspiration and expiration [7,8,62,67].

The *curtain sign of lung ultrasound* (CS-LUS) is analogous to the *curtain sign of pleural effusion* (PE) (CS-PE) but in different circumstances (air vs free fluid, PE) (Fig. 2) [67,71,73]. Instead of the CS-PE covering and uncovering fluid (PE) like a curtain covering and uncovering with a linear border when moved back and forth, the CS-LUS is of the pleural cavity is with a linear border, covering and uncovering the abdominal cavity. This is the transition zone of pleural and abdominal cavities [67,71,73]. The CS-LUS is achieved by having the scanning plane in longitudinal, perpendicular to the long axis of the ribs with cranial to the left and caudal to the right on the ultrasound screen. By not identifying the CS-LUS and transition zone, abdominal structures may be mistaken for lung pathology (see Vet BLUE) [15,16] (Fig. 1).

Other strategies for detecting pneumothorax

The CS-LUS has been described as a means to detect/suspect PTX by imaging findings called reversed A-lines and the *asynchronous curtain sign*. [71,73,76]. This is again by starting the imaging at the highest point over the thorax where air would rise, that is, the TFAST CTS view (analogous to the Vet BLUE caudodorsal view). Simply, the *curtain sign* moves in synchrony with phases of respiration with the pleural side and abdominal side moving together in normalcy. When PTX is present the *dry artifacts* (A-lines) or the CS-LUS move toward and away from one another as *Reverse A-lines* by one, and an *Asynchronous CS-LUS* by the other [71,73,76] (Fig. 2). This phenomenon is not pathognomonic because paradoxical abdominal breathing from other non-PTX respiratory conditions also create CS-LUS asynchrony [77]. Thus, within the CS-LUS, only A-lines should be present because PTX is a dry, A-line condition followed by the search for the *lung point* (see Fig. 1). If B-lines or any other evidence for lung opposed to the ICS (Vet BLUE signs of consolidation, shred, tissue, nodule, and wedge signs), then clinically relevant PTX is not present [8,10,14,16,24,40,41,68,78,79]. A final LUS described finding is the *lung pulse*, defined as atelectic lung, that is, the Vet BLUE tissue sign, interposed between the ICS and the heart, and thus has *lung sliding* that moves in concert with heart beats rather than phases of respiration [75]. A clinical diagnostic algorithm has been created (Fig. 3).

Final Comments on Pneumothorax

PTX may be semiquantitated to its degree and tracked using *lung point* location using the author's TFAST

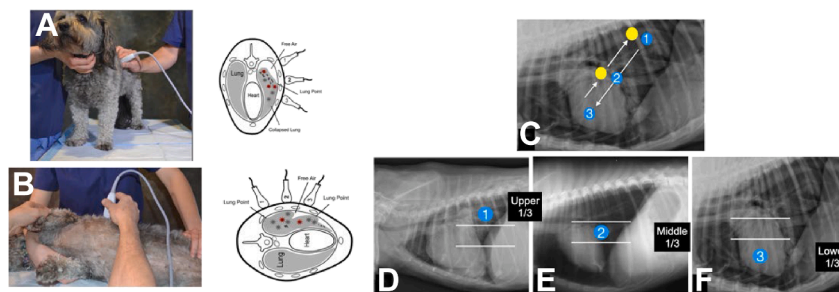


FIG. 1 (A–F) The TFAST CTS and detection of PTX. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

PTX 1/3s Rule of (1) upper 1/3, trivial to mild PTX, (2) middle 1/3, moderate PTX, and (3) lower 1/3, severe PTX, with the middle and lower thirds generally warranting timely thoracocentesis. In medical records, PTX should be recorded according to the location of the *lung point* as the TFAST *upper 1/3*, *middle 1/3*, and *lower 1/3* (see Fig. 1) [24,67]. B-mode over M-mode is preferred, as in a related equine study B-mode performed better diagnostically [80].

TFAST for detection of pleural and pericardial effusion

TFAST pericardial site views. Rules for detecting PCE and PE are important to prevent mistaking the only major fluid filled thoracic structure, your patient's

heart, which could lead to a potentially catastrophic mistake of performing centesis on a heart chamber (Table 1).

PCE and PE are best detected at the gravity-dependent PCS view(s) and DH view. The major strategy for accurately diagnosing PCE is to image toward the sternum, toward the heart's solid muscular apex eliminating the confounding crescent-shaped right ventricle (RV) and left auricle (LAu) that are mistaken for PCE (or PE) [24,26,33,62,67]. Additional important imaging principles are (1) always image the heart in its entirety (use the bright white (hyperechoic) pericardium as a landmark), and (2) have enough depth to clearly have the bright pericardium in the far field clearly off the bottom of the screen (*never fight the bottom of the screen*), and (3)

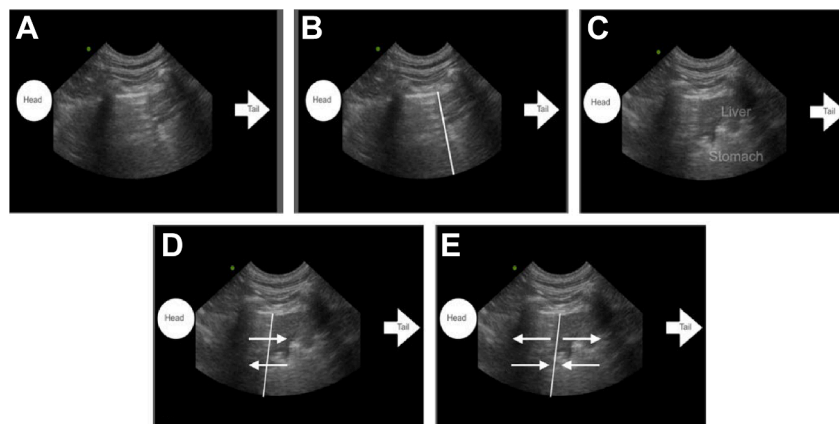


FIG. 2 (A–E) The curtain sign of lung ultrasound. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

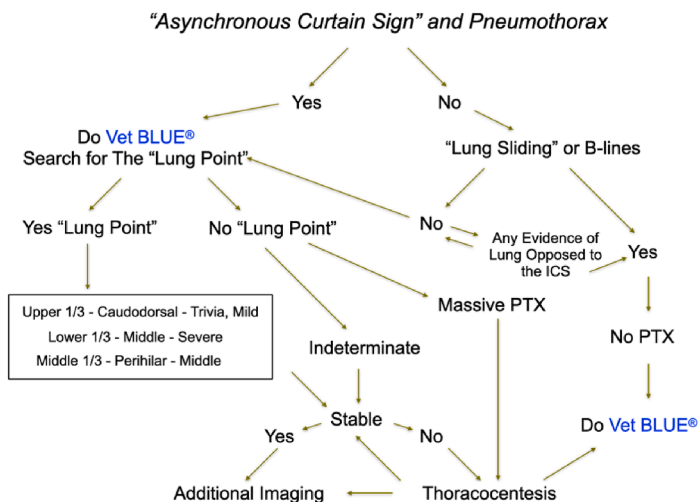


FIG. 3 The clinical diagnostic algorithm for PTX and the *asynchronous curtain sign*. (Reprinted with permission from *Point-of-Care Ultrasound Techniques for the Small Animal Practitioner*, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

opening, widening the scan area allows the sonographer to see more of the heart from side to side (Fig. 4) [24,26,33,67].

Right PCS short axis (SAx) views are especially problematic (higher [dorsal] levels called *Batman* to the *Mercedes Benz*) for mistaking heart chambers for PCE and PE versus fanning lower (ventral) at our *Bull's Eye View*, that is most gravity-dependent in standing or sternal patients, where PCE would round the heart as a *Bull's Eye Sign* (Fig. 5). [22–24,33,67] By imaging low (ventral) on the heart toward its apex, the confounding crescent-shaped RV and LAu are eliminated [33]. Acceptable traditional echocardiography views are limited to (1) the right PCS long axis (LAX 4)-chamber view in which all 4 chambers are identified, and fluid, PCE, and PE are clearly seen outside these 4 chambers (rounding PCE and triangulations PE); and (2) the left PCS *Hammerhead View* where the scanning plane is low (ventral) to have only the left and RVs in view, another strategy that minimizes mistaking heart chambers for PCE and PE [24,26,33,67]. PE in larger amounts that requires timely therapeutic thoracocentesis is readily seen surrounding the heart, and smaller diagnostic volumes, that is, fissure lines radiographically, appear as smaller volumes as the CS-PE by caudally sliding into the *cardiac-diaphragmatic pouch* and cranially to the heart into the *cardiac-cervical pouch*. [22–24,33,67,81].

The diaphragmatico-hepatic view

The DH view using the acoustic windows of the soft tissues of liver and gallbladder has advantages over transthoracic TFAST PCS views for detecting PCE and PE by avoiding the transthoracic shadowing of air. *Rounding* of free fluid around the heart's muscular apex, referred to as the *racetrack sign* (see Table 1) is pathognomonic and likely 100% sensitive and specific for clinically relevant PCE because there are no confounding heart chambers and lung wafts away from the diaphragm in the presence of PE [22–24,26,33,82,83]. The *mirror image artifact* of abdominal structures into the thorax (requiring a strong soft-tissue air interface) immediately rules out PE along that specific scanning plane [24,33,67]. In contrast to *racetrack sign* of PCE needing no additional views, PE often requires the PCS views [33,67]. Moreover, a clearly seen *cardiac bump* (the heart's apex indenting/directly opposed to the diaphragm) with no *racetrack sign*, confidently rules out clinically relevant PCE [22–24,26,33,67].

Fundamental echocardiography using TFAST

TFAST can be used as a screening test to assess (1) intravascular fluid volume status and systolic function by the short axis *mushroom view* and the left ventricle (LV), and (2) the presence of left-sided problems (left atrial [LA] size/enlargement) by the SAX *Mercedes Benz view*, and

TABLE 1

TFAST STOP Placing This Spe Out OLD Outdated Acronym that is Inaccu Rules for the Accurate Detection of Pericardial Effusion and Pleural Effusion

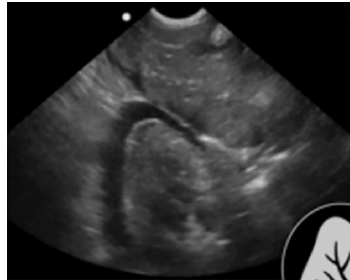
TFAST Tenets for the Detection of Pleural Effusion

- TFAST DH View and dal Vena Cava: Triangulations of uncontained free fluid along the pulmonary-diaphragmatic interface



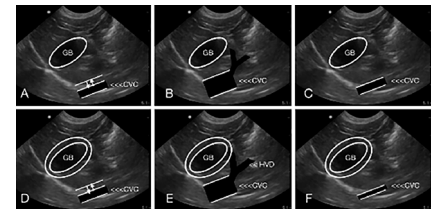
TFAST Tenets for Diagnosing Pericardial and Pleural Effusion

- TFAST DH View and dal Vena Cava: Rounding of contained free fluid along the diaphragm referred to as the *racetrack sign*

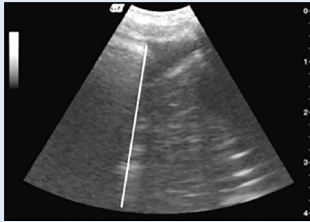


TFAST Tenets for Cardiac Tamponade

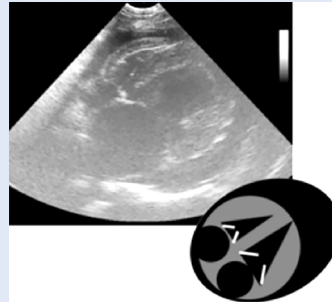
- TFAST DH View and dal Vena Cava: CVC and hepatic veins distended as a *FAT* CVC with hepatic venous distension (*tree trunk sign*), and in time ascites.
- A *bounce* or *flat* CVC rules out cardiac tamponade



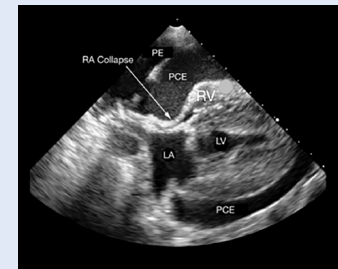
- Pericardial site views: *TFAST slide* caudal from the heart into the *cardiac-diaphragmatic pouch* and cranial from the heart into the *cardiac-cervical pouch* for the *curtain sign of PE*"



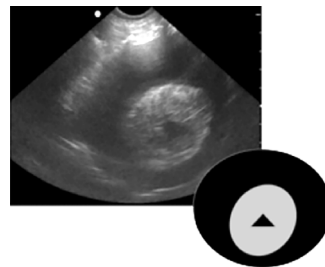
- Right pericardial site view: LAX 4-chamber view where all 4 chambers are identified, and free fluid is accurately identified outside these 4 chambers, rounded and contained within the pericardial sac



- Right pericardial site view: Cardiac tamponade as obstructive shock, results in dynamic collapse of the right atrium or both the right atrium and RV, as a *wave* or *rippling effect* along the outer walls of either or both right chambers
- TXR is unreliable for PCE and cardiac tamponade
- There are different degrees of cardiac tamponade so always look at the patient to decide if pericardiocentesis requires an emergent procedure vs can be delayed



- Right pericardial site view: the *bull's eye view* by directing the scanning plane toward the muscular apex of the heart eliminating the confounding crescent-shaped RV



(continued on next page)

TABLE 1
(continued)

TFAST Tenets for the Detection of Pleural Effusion

- Pericardial site views: Rotating the probe parallel to the long axis of the ribs in cardiac pouches for the curtain sign of PE

TFAST Tenets for Diagnosing Pericardial and Pleural Effusion

- Left pericardial site view: Left SAX *hammerhead view* with identification of both ventricles and free fluid completely surrounding the heart within the pericardial sac Note there should be more depth in this image.



TFAST Tenets for Cardiac Tamponade

Other General Pearls

- *Never fight the bottom of the screen* - Always have enough depth to see the heart in its entirety by observing the bright white (hyperechoic) pericardium, your landmark, in the far-field clearly off the bottom of the screen, at any and all PCS views. By doing so, heart chambers are less likely to be mistaken for pleural effusion (PE), pericardial effusion (PCE), or other pathology.
- Pericardial fat mimics both PE more so than PCE and is often visualized at the left Pericardial site *hammerhead view*, as a dark (anechoic or hypoechoic) *stripe* along the heart and thoracic wall, and a dark or gray echogenic triangulation at the *cardiac-diaphragmatic pouch* where the heart apex and the pericardial ligament, and diaphragm meet. Sweep immediately dorsal for proper interrogation to observe for the *curtain sign of PE* or ruling out by lung shadowing in absence of the curtain sign.
- *One view is no view* - Meaning combining thoracic focused assessment with sonography for trauma views, especially for PE.
- Pay careful attention to the centimeter scale on your ultrasound screen, because what looks like a large volume, may in fact be small volume.

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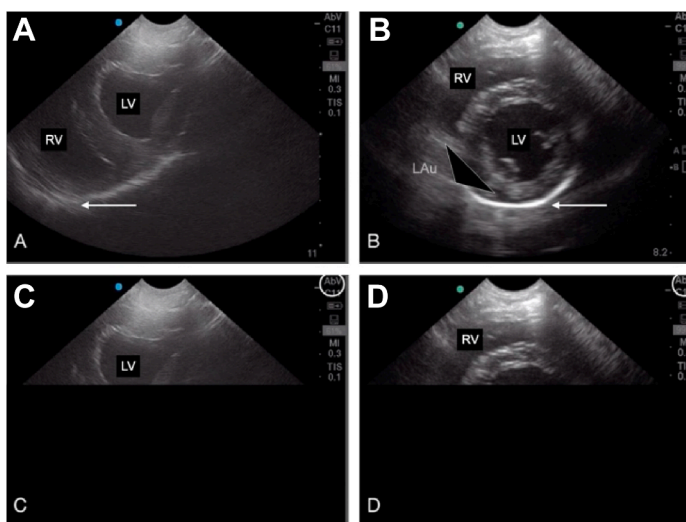


FIG. 4 (A–D) Images of the heart from the left and right short axis views of Hammerhead and Mushroom views showing how to image the heart in its entirety to prevent imaging interpretation errors. (Reprinted with permission from *Point-of-Care Ultrasound Techniques for the Small Animal Practitioner*, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

(3) the presence of right-sided problems (right ventricular [RV]/right atrial [RA] size/enlargement) by the LAx 4-chamber view [18,19,22–24,61,67]. A teaching TFAST echocardiography chart is provided (Fig. 5).

Filling and contractility assessment requires freezing the image and scrolling through frames in tachycardiac patients, or those difficult to assess real-time. The LA size is compared to the aorta (Ao) using the Sax, Mercedes Benz view. Obvious abnormal is an LA: Ao greater than 2. The RV size is compared to the LV on LAx 4-chamber view with obvious abnormal is an RV that is greater than 50% of the LV. The RA to LA size is close to 1:1. Being too low (ventral) on SAX, *batman sign view*, a patient can falsely appear volume contracted [24,61,67]. The author likes *double-checks* that include some echocardiography measurements, plus integrating *Global FAST nonecho fallback views* [9,18,19,24]. RV size may be double-checked by measuring on LAx immediately behind the tricuspid valves and comparing to the analogous measurement on same still image behind the mitral valves in diastole during maximal filling [84]. Other add-ons include estimating pulmonary artery size (PA), looking for heartworms (*Dirofilaria*), and *saddle thrombus*, just above (higher, dorsal) to the SAX Mercedes Benz view or on the LAx 4-chamber view (Fig. 5); and on LAx opening the left ventricular outflow tract (LVOT), that is, aortic valve lesions, heart-based tumors (5-chamber view) (Fig. 5) [43,61,67,83,85–91].

Global FAST nonechocardiography fallback views

Vet BLUE and its *wet versus dry lung* pattern-based approach serves as ruling in and ruling out left-sided congestive heart failure (L-CHF) and the DH View for characterization of the caudal vena cava (CVC [FAT, flat, or bounce]) and hepatic veins (*tree trunk sign*) for right-sided congestive heart failure/overload (R-CHF) are *Global FAST nonfallback views* (Fig. 6) [9,18,19,24,33,62,67]. These *fallback views* are integrated into cardiac assessment but also may be used to rule out L-CHF and R-CHF when echocardiography is not possible if a patient is too critical or requires chemical/physical restraint. Moreover, *dry lung all Vet BLUE views* rules out clinically relevant L-CHF; and a *bounce* or *flat* CVC and absent *tree trunk sign* rules out clinically relevant R-CHF [24,33,84,92–94].

The Vet BLUE

The Vet BLUE is a unique regional, pattern-based lung ultrasound (LUS) approach created by the author [12–16]. The fundamental *gator sign* orientation (called the *bat sign* in human medicine) is mandated for all lung ultrasound (Fig. 7) [12,95]. Vet BLUE has 4 bilaterally-applied, transthoracic regional LUS views named the caudodorsal (Cd) view (similar to the TFAST CTS view), perihilar (PH) view, middle (Md)

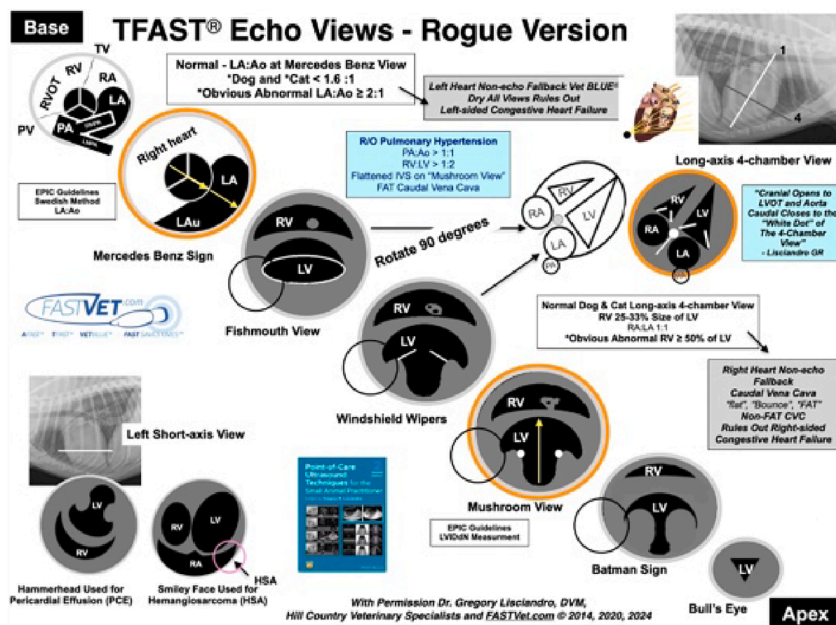


FIG. 5 TFAST fundamental echocardiography views are shown from the left and right pericardial site views using the FASTVet clockface technique and the SAx and LAx levels named for teaching purposes with normals, abnormals, and mantras for image acquisition. It is called the *rogue version* because orientation is cranial to the left and caudal to the right, like all other imaging. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.) RV, right ventricle; LV, left ventricle; LA, left atrium; LAu, left auricle; RA, right atrium; RAu, right auricle; PA, pulmonary artery; RVOT, right ventricular outflow tract; LVOT, left ventricular outflow tract; PV, pulmonic valve; TV, tricuspid valve; MV, mitral valve.

view, and cranial (Cr) view [12–16]. Additionally, the AFAST-TFAST DH view provides a deep window of lung surface along the pulmonary-diaphragmatic interface; and the pulmonary-pericardial interface provides another deep window to lung surface inaccessible by transthoracic views [22,23]. Lung surface may also be imaged at its deeper surfaces along the pericardium at the TFAST PCS views [96,97]. A depth setting is generally between 4 to 8 cm dependent on patient size (smaller 4–6, medium 5–7, larger 7–8 cm, and sometimes 9–10 cm for larger dogs) and frequency is generally between 10–5 MHz, using a curvilinear or linear probe [15,16]. The cardiac probe should be avoided because it cannot accurately image the gator sign orientation or allow counting of B-lines [98,99]. Interpretation of LUS findings risks interpretation error(s) if the *gator sign orientation* is not clearly imaged and numbers of B-lines accurately counted because of incorrect technique. Moreover, A-

lines, stomach wall, fascial planes, and the scapula can mimic the bright white (hyperechoic) *lung line* [15,16,68].

Vet BLUE and its Regional, Pattern-Based Approach for Wet Versus Dry Lung Conditions

Dry lung all Vet BLUE views is hugely impactful by ruling out quickly all *wet lung* conditions, the author's mantra being *water, blood, or pus*, including cardiogenic pulmonary edema (CPE), noncardiogenic pulmonary edema (NCPE), pneumonia, and lung hemorrhage including trauma-induced lung contusions (see Fig. 7) [12,13,16,39,40,68,92]. The Vet BLUE was designed to evaluate lung as we interpret thoracic radiography (TXR). A Figure is provided for examples of common respiratory conditions and their Vet BLUE pattern (Fig. 8).

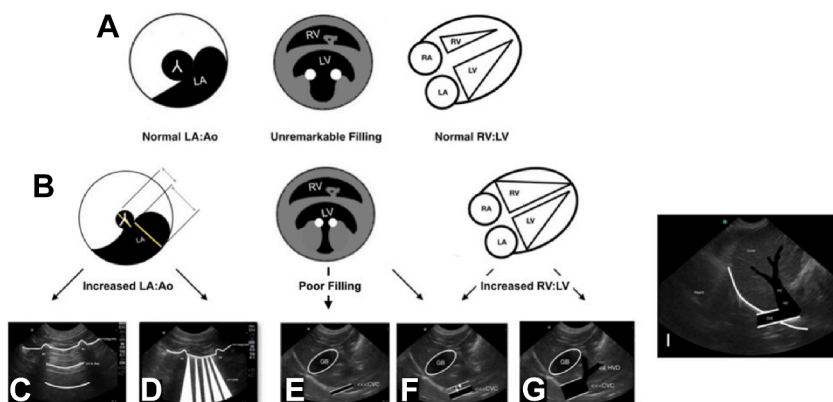


FIG. 6 (A–G) TFAST fundamental echocardiography views, Vet BLUE dry and wet lung, and the caudal vena cava, hepatic veins, and gallbladder at the DH view. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

Vet BLUE B-Line Scoring and its Inherent Severity Scoring System

The Vet BLUE B-line scoring system is defined as the highest numerical score over a single ICS at each respective Vet BLUE view and recorded as *Dry* with absent B-lines 0, and then *Wet* as 1, 2, 3 (*weak positives*) and *greater than 3* and *infinity* (∞) (*strong positives*) (Fig. 9) [12,13]. The regional, pattern-based, B-line scoring B-line distribution of *wet lung* along with the presence or absence of other Vet BLUE findings, ie, shred, tissue, nodule, wedge

signs, are placed in clinical context of the patient's history and clinical signs for a rapid working diagnosis (Figs. 8 and 9) [10,14,16,39–41,63,68,78,79,92]. Importantly, *wet lung* conditions such as NCPE, CPE, PHT, and PTE are sorted out by the patient's clinical data set of history, physical examination findings, vital signs, and TFAST fundamental echocardiography (Fig. 10) [17,18,24]. Moreover, knowing this information quickly along with considering all Global FAST findings are invaluable in helping guide additional

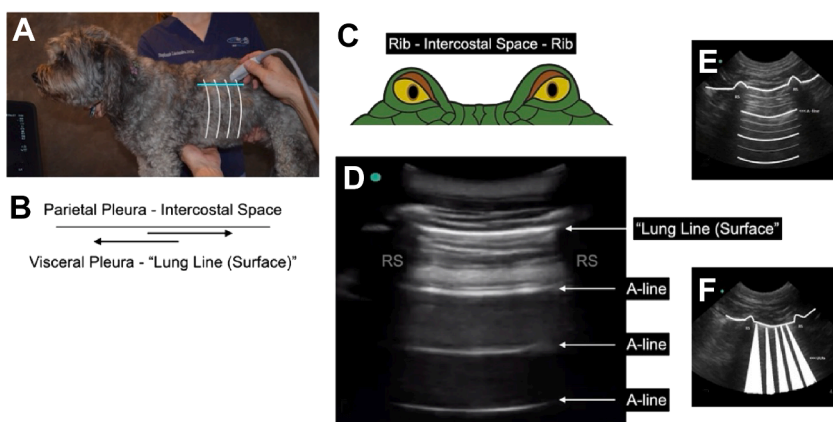


FIG. 7 (A–F) fundamentals of TFAST and Vet BLUE lung ultrasound. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

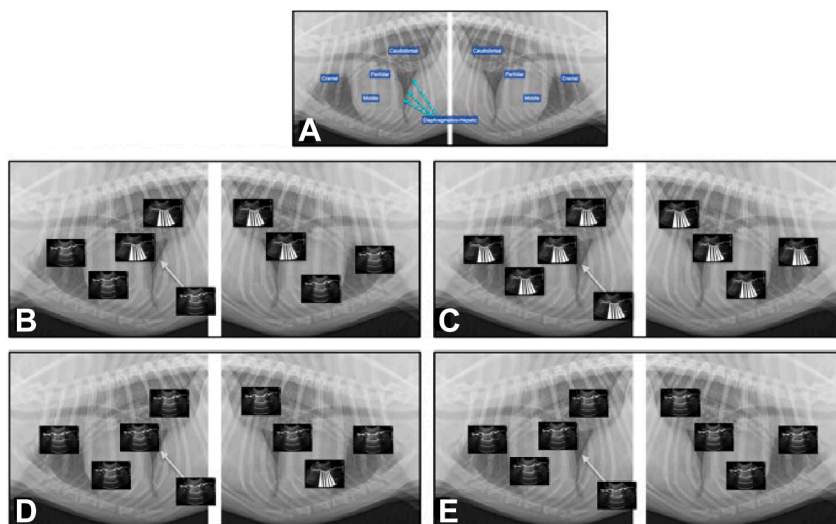


FIG. 8 (A–E) Vet BLUE and its novel, unique, regional, pattern-based approach and examples of common respiratory conditions using wet versus dry lung principles. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

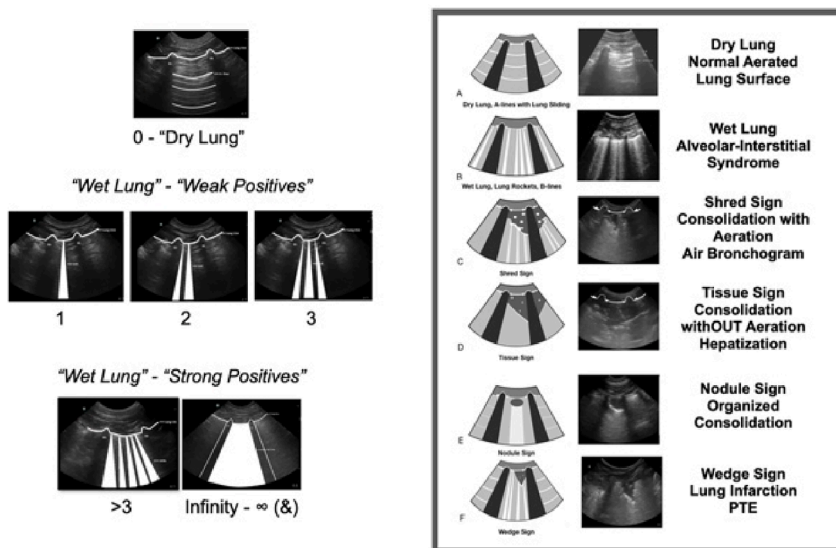


FIG. 9 The Vet BLUE B-line scoring system and its signs of consolidation. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

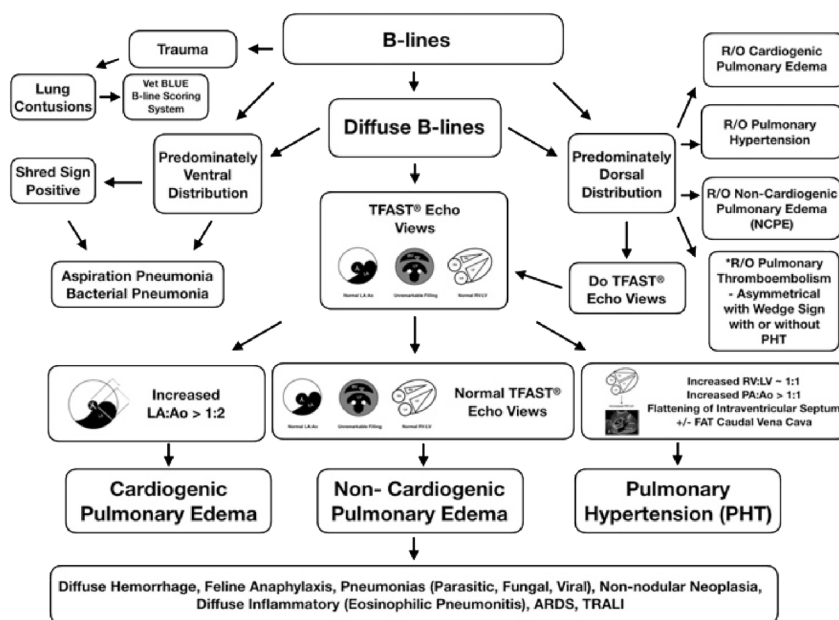


FIG. 10 Vet BLUE flow chart with its finding of B-lines and their distribution coupled with fundamental TFAST echocardiography. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTvet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

diagnostics and therapy [17–19,24]. Once the Vet BLUE paradigm is understood, Vet BLUE may be used literally for tracking all respiratory conditions with more sparingly used TXRs (Figs. 10 and 11) [16,68,100,102].

The Vet BLUE Signs of Consolidation —its Visual Lung Language

When pulmonary parenchyma is affected enough to where aerated lung is minimized, then ultrasound can penetrate and image into lung. These 4 types of consolidations are named as follows: (1) shred sign, air bronchograms, hallmarked by linear and punctate bright white (hyperechoic) areas, (2) tissue sign, hepatization of lung, looks like liver, hallmarked by no aeration, (3) nodule sign, hallmarked by a soft issue component that is darker (anechoic, hypoechoic) and oval or circular, while also casting a *pseudo B-line* (see pseudo B-lines), and (4) wedge sign, hallmarked by its wedge or pie piece/triangular shape, and when in upper Vet BLUE Cd and Ph views (where pneumonia is not expected), strongly supports lung infarction (pulmonary thromboembolism) (see Fig. 9) [16,39–41,68,78,79,99,100,102]. The shred sign in

gravity-dependent Md and Cr Vet BLUE regions, strongly supports aspiration and bacterial bronchopneumonias and can be used to monitor the patient’s clinical course during therapy [16,40,99,103–105] (see Figs. 8 and 11) [14,16,17,19,68,100,101]. As an example, pneumonia is progressively more severe moving from B-lines to shred sign to tissue sign and improving by moving in the opposite direction to complete resolution of *dry lung* all Vet BLUE views [16,68,101]. The shred sign may be further subdivided into *dynamic* and *static* air bronchograms, representing pneumonia and atelectasis, respectively, although patient history is often enough to place the shred sign into these 2 categories [106]. Finally, the nodule sign has rule outs that range from neoplasia to treatable fungal (coccidiomycosis, blastomycosis, aspergillosis, and histoplasmosis) and verminous pneumonias (*Dirofilaria immitis*, *Aelurostrongylus abstrusus*, and possibly others); and abscess from inhaled/aspirated/migrating foreign bodies or puncture wounds, and less likely bacterial pneumonias [16,40,78,79,99,107]. Thus, the sonographer should consider a through list of nodule sign differentials [16]. A clinical algorithm is provided (Fig. 12).

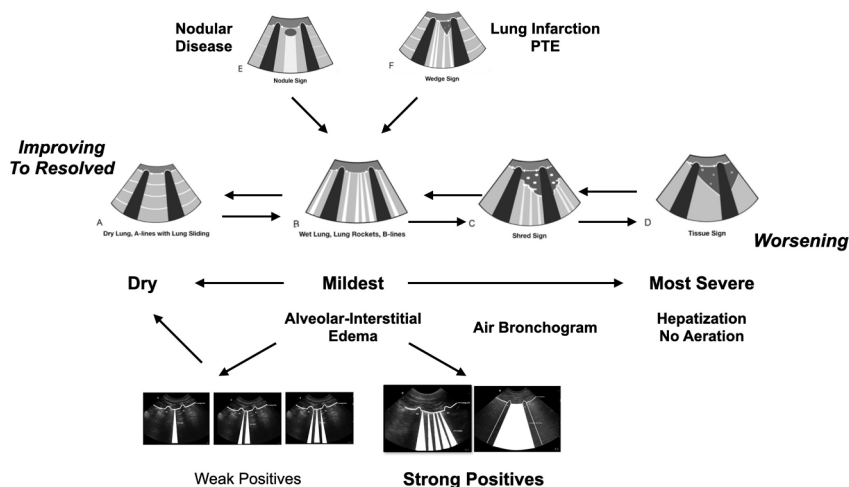


FIG. 11 Vet BLUE serves as a tracking tool using this paradigm for any visible Vet BLUE findings in respiratory patients, point-of-care, low impact and low risk, with real-time interpretation without delay. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

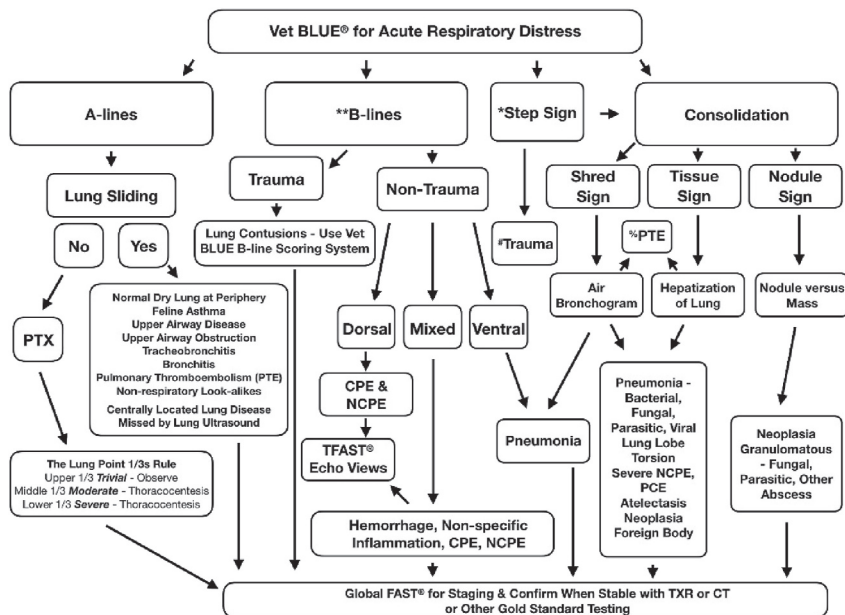


FIG. 12 Clinical flow chart for Vet BLUE wet lung findings and integrating TFAST echocardiography to arrive at a working diagnosis. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

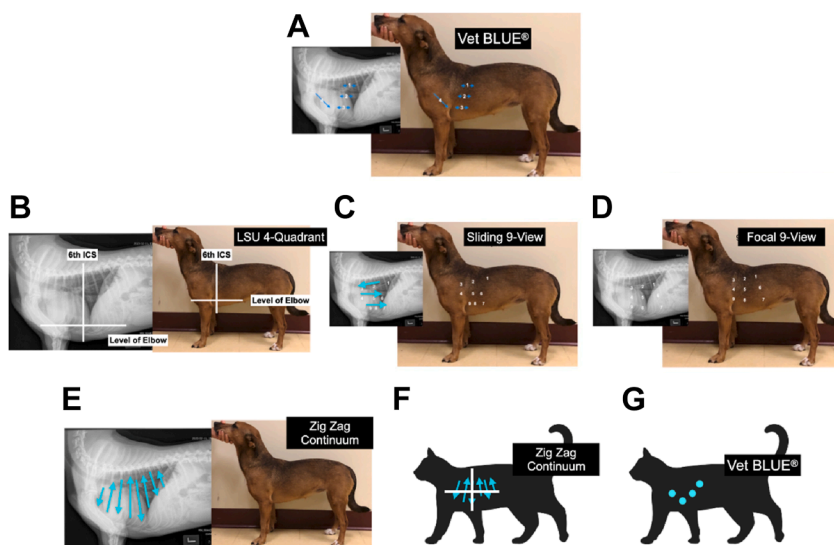


FIG. 13 (A–G) Comparison of Vet BLUE to other published lung ultrasound formats.

The Limitations and Advantages of Vet BLUE Lung Ultrasound

Although LUS is extremely sensitive for detecting lung surface pathology including *wet lung* and the Vet BLUE 4 types of consolidations, limitations exist. First, lung pathology must be present at or within millimeters of the *lung (surface) line* at a LUS acoustic window [108]. If pathology is more centrally located away from the *lung line*, then it will be missed, making the point that TXR is not replaced by LUS. Interestingly, Dr. Daniel Lichtenstein, the grandfather of LUS in people, claims that *additional* acoustic windows, like sliding protocols, gain little to nothing over his BLUE protocol, and moreover, sliding protocols or quadrant protocols lose the regional, pattern-based approach to formulate a working diagnosis [95,103]. One of the strengths of Vet BLUE is to record and track LUS findings [95].

Advantages of Vet BLUE and other veterinary LUS protocols are that they have been shown to correlate favorably or exceed TXR for *wet lung* conditions and have similar sensitivity to computed tomography (CT) to detect pulmonary contusions in dogs [100,102, 109–111]. In human medicine, studies support that LUS approaches the sensitivity and specificity of CT for *wet lung* conditions, pneumothorax, and lung consolidations [112–118]. Few comparative veterinary imaging studies exist; however, a pulmonary contusion study of 29 dogs with trauma that had a 3-view TXR followed by Vet BLUE followed by CT within 30 minutes with no interventions between imaging, showed that

for pulmonary contusions, Vet BLUE (92%) performed closely to CT (100%) and outperformed TXR (67%) [102]. In another study, *Vet BLUE* was compared to CT; however, probe placement did not follow standard Vet BLUE methodology, and surveyed a single ICS rather than 3 at each view [16,39,40]; and its applications went beyond Vet BLUE's intended design, (ie, Vet BLUE is not designed for PTX and PE) [119] and was performed within a median of 19 hours. With these differences in mind, *Vet BLUE* performed less than previously reported for B-lines when compared to CT [39,40,100,102,109,111]. During this time, patients are assumed to have been treated, and B-lines certainly could have resolved (or progressed dependent on the disease) before the reference standard of CT was performed. Interestingly, Z lines are mentioned as a confounder, but with proper training there is very low probability that a Z line would ever be mistaken for a B-line.

Other Protocols, Studies, and New Thoughts

In the author's opinion, the objectives of a LUS protocol, a screening test, should be to rapidly develop a working diagnosis through its views, have a B-line scoring system that can be recorded and followed, and a simple language to describe consolidations, while also minimizing confounders like peripheral LUS artifacts. Furthermore, the LUS views should in fact be over lung to prevent making an inaccurate diagnosis [110,111,120–122]. When evaluating different

TABLE 2

Hypotension; Hyperkalemia; Hypertension, Pulmonary; Hypocontractility; Hypoventilation, Pleural Space Disease; Heartworm, Caval Syndrome and Tension, Pneumothorax; Trauma, Hemorrhage; Thromboembolism, Pulmonary Thromboembolism; Tamponade, Pericardial Effusion; Toxin, Anaphylaxis; Tear, Left Atrial; Tachypnea, Aspiration Pneumonia of Treatable/Reversible Forms of Shock and CPR

Use of Global FAST for Rapid Detection of *Hypotension; Hyperkalemia; Hypertension, Pulmonary; Hypocontractility; Hypoventilation, Pleural Space Disease; Heartworm, Caval Syndrome and Tension, Pneumothorax; Trauma, Hemorrhage; Thromboembolism, Pulmonary Thromboembolism; Tamponade, Pericardial Effusion; Toxin, Anaphylaxis; Tear, Left Atrial; Tachypnea, Aspiration Pneumonia* of Treatable/Reversible Forms of Shock of treatable/Reversible Forms of Shock and CPR

The Hs	AFAST	TFAST	Vet BLUE	Comments
Hypotension/hypovolemia	flat CVC	Poor LV Filling at Right PCS SAx “Mushroom View”		
Hyperkalemia/hypokalemia	Dilated renal pelvis, distended ureter(s), distended urinary bladder, ± calculi	Bradycardia		
Hypocontractility (DCM)	FAT CVC and <i>tree trunk</i> <i>sign</i> , ± GBWE as <i>Cardiac</i> <i>Gallbladder</i> , ± Ascites	Poor Contractility on SAx “Mushroom View”	“Wet Lung” Pattern Supportive of L-CHF	
Hypertension, pulmonary	FAT CVC and <i>tree trunk</i> <i>sign</i> , ± GBWE as <i>cardiac</i> <i>gallbladder</i> , ± Ascites	Enlarged RV on LAx, Flattened IVS at Right PCS SAx <i>mushroom view</i> , Enlarged PA on SAx/LAx	“Wet Lung” Pattern Supportive of L-CHF	See also thromboembolism and PTE
Heartworm, caval syndrome	CVC with Heartworms, FAT CVC and <i>tree trunk</i> <i>sign</i> , ± gallbladder wall edema (GBWE) as <i>cardiac</i> <i>gallbladder</i> , ± Ascites	PA with heartworms, enlarged RV with heartworms occluding the tricuspid valves	<i>wedge sign</i> at upper Cd and Ph regions	*Anemia *Hemoglobinuria *Death is imminent (<48 h)
The Ts	AFAST	TFAST	Vet BLUE	Comments
Tension pneumothorax		A-lines, Absent <i>lung sliding</i> and Presence of a <i>lung</i> <i>point</i> moving Through Vet BLUE	A-lines, Absent lung sliding and Presence of a lung point moving through Vet BLUE	See clinical algorithm for more detail

Trauma, hemorrhage	Abdominal fluid scoring and categorizing as <i>small volume</i> (<3) vs <i>large volume</i> (≥3) to predict expected degree of anemia and track clinical course; survey all potential cavities, spaces of hemorrhage - retroperitoneal space through SR and HR 5th bonus views, pleural cavity, pericardial sac through DH View	Survey all potential cavities, spaces of hemorrhage - pleural cavity, pericardial sac	Detect and score degree of lung contusions by its B-line scoring and their distribution over all the regional views	See clinical algorithm for more detail
Thromboembolism, pulmonary	FAT CVC and hepatic veins (tree trunk sign) and Ascites for R-CHF; GBWE as a <i>cardiac gallbladder</i>	Right PCS view, SAx enlarged PA, LAx RV enlargement, enlarged PA; SAx and LAx, thrombus, SAx saddle thrombus at bifurcation of right and left mainstem PA	<i>wedge sign</i> at upper Cd and Ph Regions	
Tamponade, PE	<i>racetrack sign</i> at DH View, FAT CVC and hepatic veins (<i>tree trunk sign</i>) and Ascites for R-CHF; GBWE as a <i>cardiac gallbladder</i>	Right PCS views - SAx <i>bull's eye sign</i> ; LAx 4-chamber view Left PCS views - hammerhead view and <i>circling of heart</i>		A <i>bounce</i> of a <i>flat</i> CVC rules out cardiac tamponade
Tachypnea, aspiration pneumonia			shred sign in middle and cranial lung regions	
Toxin, AX	GBWE as an <i>anaphylactic gallbladder</i> ; flat CVC; ± hemoperitoneum			see clinical algorithm for more detail

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Global FAST® Goal-Directed Template – Right Lateral Recumbency

Sonographer _____ Patient Name _____ Date/Time _____ Sedation? Y ☐ N ☐ If yes, type of _____

Patient Positioning: Sternal/standing ☐ Left Lateral ☐ or **Right Lateral** ☐ or Modified sternal ☐

AFAST® **Right Lateral** ☐

Diaphragmatico-Hepatic (DH) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

Spleno-Renal (SR) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

Cysto-Colic (CC) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

Spleno-Intestino Umbilical (SIU) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

***Total Abdominal Fluid Score (AFS) 0-4:** _____ *If positive as patient status allows, move to either lateral recumbency and WAIT 3-minutes to allow fluid to redistribute before **repeating** AFAST® and **assigning** the AFS.

Focused Spleen: Unremarkable ☐ Abnormal ☐ Inderm ☐ N/A ☐

Vet BLUE® LEFT Lung Sliding Yes ☐ or No ☐ or Inderm ☐ or N/A ☐

If PTX, **Lung Point** located - Upper 1/3 ☐ Middle 1/3 ☐ Lower 1/3 ☐ Inderm ☐ N/A ☐

Cd - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Ph - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Md - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Cr - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Move the Patient to Standing for the Rest of the Global FAST® Views...

Vet BLUE® RIGHT Lung Sliding Yes ☐ or No ☐ or Inderm ☐ or N/A ☐

If PTX, **Lung Point** located - Upper 1/3 ☐ Middle 1/3 ☐ Lower 1/3 ☐ Inderm ☐ N/A ☐

Cd - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Ph - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Md - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

Cr - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size___ Nodule ☐ size___ Wedge ☐ size___

TFAST® LEFT Pericardial Site (Hammerhead [HH], Smiley Face [SF]):

Pericardial Eff. (HH View): Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

Right Auricular Mass (SF View): Absent ☐ Present ☐ Inderm ☐ N/A ☐

Pleural Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

TFAST® RIGHT Pericardial Site (Short axis [SAX], Long axis [LAX]):

Left Ventricular SAX (Mushroom View): Volume (Filling): Unremark ☐ Poor ☐ Inderm ☐ N/A ☐

Contractility (FS%): Unremark ☐ Poor ☐ Inderm ☐ N/A ☐

Flattened IVS? Yes ☐ No ☐ Inderm ☐ N/A ☐

SAX LA: Ao (Mercedes Benz View): Unremark ☐ Obvious Incr. (>2.0 cats/dogs) ☐ Inderm ☐ N/A ☐

SAX Pulmonary Artery, Mainstem RPM and LPM: Unremark ☐ Incr. PA Size (PA>Ao)? Yes ☐ No ☐ Inderm ☐ N/A ☐

Heartworms? Yes ☐ No ☐ Inderm ☐ N/A ☐ Saddle Thrombus? Yes ☐ No ☐ Inderm ☐ N/A ☐ Other _____

LAX RV: LV 4-Chamber: Unremark ☐ Obvious Incr. (>1:2 dogs/cats) ☐ Inderm ☐ N/A ☐ Other _____

LAX LVOT/5-Chamber: Unrem ☐ Abnormal Valves? Yes ☐ No ☐ Mass? Yes ☐ No ☐ Inderm ☐ N/A ☐ Other _____

Pericardial Eff. (LAX): Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

Pleural Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

***Hepato-Renal 5th Bonus (also do Curtain Sign Right Vet BLUE®):** *0 ☐ 1/2 ☐ 1 ☐ Inderm ☐ N/A ☐ ***Not part of AFS**

Comments _____

Qualifier: The Global FAST® is a combination ultrasound format that includes AFAST®, TFAST® and Vet BLUE®. Global FAST® is a screening test for free fluid and some soft tissue abnormalities that helps direct resuscitation and diagnostic efforts. Global FAST® is not meant to replace radiography, complete detailed abdominal ultrasound, complete echocardiography, CT or MRI.

FIG. 14 GDTs. Global FAST blend beginning with the patient beginning in right lateral recumbency. (Reprinted with permission from Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition, edited by Gregory R. Lisciandro, published by John Wiley & Sons, Inc. And Dr. Gregory Lisciandro, DVM, Dipl. ABVP, Dipl. ACVECC, Hill Country Veterinary Specialists and FASTVet.com. Copyright 2012, 2014, 2019, 2021, 2025.)

Global FAST® Goal-Directed Template – Standing Position

 Sonographer _____ Patient Name _____ Date/Time _____ Sedation? Y ☐ N ☐ If yes, type of _____

 Patient Positioning: Sternal/standing ☐

 Vet BLUE® LEFT Lung Sliding Yes ☐ or No ☐ or Inderm ☐ or N/A ☐

 If PTX, Lung Point located - Upper 1/3 ☐ Middle 1/3 ☐ Lower 1/3 ☐ Inderm ☐ N/A ☐

 Cd - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Ph - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Md - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Cr - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

TFAST® LEFT Pericardial Site (Hammerhead [HH], Smiley Face[SF]):

 Pericardial Eff. (HH View): Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

 Right Auricular Mass (SF View): Absent ☐ Present ☐ Inderm ☐ N/A ☐

 Pleural Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

AFAST® Diaphragmatico-Hepatic (DH) View

 Caudal Vena Cava: Bounce (fluid resp.) ☐ Flat (hypovolemic) ☐ FAT (fluid intolerant) ☐ Inderm ☐ N/A ☐

 Hepatic Venous Distension (Tree Trunk Sign): Absent ☐ Present ☐ Inderm ☐ N/A ☐

 Pleural Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

 Pericardial Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

 Vet BLUE®: B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 AFAST® Sternal/standing ☐

 Diaphragmatico-Hepatic (DH) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

 Spleno-Renal (SR) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

 Cysto-Colic (CC) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

 Spleno-Intestino Umbilical (SIU) 0 ☐ *1/2 ☐ 1 ☐ Inderm ☐ N/A ☐

 *Total Abdominal Fluid Score (AFS) 0-4: _____ *If positive as patient status allows, move to either lateral recumbency and WAIT 3-minutes to allow fluid to redistribute before **repeating** AFAST® and **assigning** the AFS.

 *Hepato-Renal 5th Bonus View: *0 ☐ 1/2 ☐ 1 ☐ Indeterminate ☐ Not Assessed ☐ *Not part of AFS

 Focused Spleen: Unremarkable ☐ Abnormal ☐ Inderm ☐ N/A ☐

 Vet BLUE® RIGHT Lung Sliding Yes ☐ or No ☐ or Inderm ☐ or N/A ☐

 If PTX, Lung Point located - Upper 1/3 ☐ Middle 1/3 ☐ Lower 1/3 ☐ Inderm ☐ N/A ☐

 Cd - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Ph - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Md - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

 Cr - B-lines 0 ☐ 1-3 ☐ >3 ☐ ∞ ☐ Inderm ☐ N/A ☐ Shred ☐ size___ Tissue ☐ size_Nodule ☐ size_Wedge ☐ size___

TFAST® RIGHT Pericardial Site (Short axis [SAX], Long axis[LAX]):

 Left Ventricular SAX (Mushroom View): Volume (Filling): Unremark ☐ Poor ☐ Inderm ☐ N/A ☐

 Contractility (FS%): Unremark ☐ Poor ☐ Inderm ☐ N/A ☐

 Flattened IVS? Yes ☐ No ☐ Inderm ☐ N/A ☐

 SAX LA:Ao "Mercedes Benz View": Unremark ☐ Obvious Incr. (>2.0 cats/dogs) ☐ Inderm ☐ N/A ☐

 SAX Pulmonary Artery, Mainstem RPM and LPM: Unremark ☐ Incr. PA Size (PA>Ao)? Yes ☐ No ☐ Inderm ☐ N/A ☐

 Heartworms? Yes ☐ No ☐ Inderm ☐ N/A ☐ Saddle Thrombus? Yes ☐ No ☐ Inderm ☐ N/A ☐ Other_____

 LAX RV:LV 4-Chamber: Unremark ☐ Obvious Incr. (>1.2 dogs/cats) ☐ Inderm ☐ N/A ☐ Other_____

 LAX LVOT/5-Chamber: Unrem ☐ Abnormal Valves? Yes ☐ No ☐ Mass? Yes ☐ No ☐ Inderm ☐ N/A ☐ Other_____

 Pericardial Eff. (LAX): Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐

 Pleural Eff.: Absent ☐ Present ☐ Mild <1 cm ☐ Moderate >1 cm <3 cm ☐ Severe >3 cm ☐ Inderm ☐ N/A ☐ Renal 5th

 *Hepato-Renal 5th Bonus (also do Curtain Sign Right Vet BLUE®): *0 ☐ 1/2 ☐ 1 ☐ Inderm ☐ N/A ☐ *Not part of AFS

Comments _____

Qualifier: The Global FAST® is a combination ultrasound format that includes AFAST®, TFAST® and Vet BLUE®. Global FAST® is a screening test for free fluid and some soft tissue abnormalities that helps direct resuscitation and diagnostic efforts. Global FAST® is not meant to replace radiography, complete detailed abdominal ultrasound, complete echocardiography, CT or MRI.

LUS protocols in current literature, the reader should consider whether (1) the views obtained are over accessible lung, (2) the sonographer can develop a working diagnosis with the respective protocol, (3) there is a B-line scoring system, (4) the B-line scoring system makes sense, (5) record findings can be tracked, and (6) how are consolidations characterized. In the author's opinion, imaging of more lung and the likelihood of finding more artifacts adds confounding variables that limits the use of LUS as a screening test [119,120,123,124]. The standard Vet BLUE methodology was not intended to screen for PTX; and PE as the depth of Vet BLUE is too shallow.

The author has reviewed and named other published studies to describe limitations compared with the Vet BLUE protocol. The LSU 4-quadrant protocol defined 4-quadrants with just 1 quadrant scanning over a significant lung area [111]. The same LSU 4-quadrant protocol was used as a B-line scoring repeatability study [125]. The LSU 4-quadrant protocol was followed by a midthoracic boxed (limited) sliding protocol referred to as the Armenise protocol [74,81], that then evolved to a sliding protocol to cover more thorax, called a 9-point POCUS protocol, with at least 3 of the points not scanning over accessible lung. The Armenise protocol was further modified with subdivisions dividing the intercostal spaces into upper, middle, and lower thirds of the 4th, 6th, and 8th ICS [121,122]. The Modified Armenise/PLUS protocol (sliding) has interestingly become a sliding protocol over all Vet BLUE views but does not promote recording findings [81,123]. Lastly, the imaging of every ICS, known as the zig-zag continuum (ZZC), is similar to a LUS protocol that has previously been reported for use in large animals [111,120]. This ZZC is not a regional, pattern-based approach and scores findings per hemithorax versus 4-quadrants (Fig. 13).

Probe type has also been studied. The phased-array cardiac probe should be avoided because it cannot accurately image the *gator sign orientation* or count numbers of B-lines [98,99]. The linear probe may be used for lung, but it is not adequate for all Global FAST. More recently, the lung surface character and thickness have been evaluated; however, lung surface features may not outperform Vet BLUE combined

with signalment, history, physical examination, and other patient data [123].

Global FAST for Patient Monitoring, Detecting Treatable Forms of Shock, CPR—Hypotension; Hyperkalemia; Hypertension, Pulmonary; Hypocontractility; Hypoventilation, Pleural Space Disease; Heartworm, Caval Syndrome and Tension, Pneumothorax; Trauma, Hemorrhage; Thromboembolism, Pulmonary thromboembolism; Tamponade, Pericardial Effusion; Toxin, Anaphylaxis; Tear, Left Atrial; Tachypnea, Aspiration Pneumonia

Global FAST can be used to determine whether treatable, reversible forms of shock, dubbed *hypotension; hyperkalemia; hypertension, pulmonary; hypocontractility; hypoventilation, pleural space disease; heartworm, caval syndrome (Hs) and tension*, PTX; trauma, hemorrhage; thromboembolism, PTE; tamponade, PCE; Toxin, AX; Tear, Left atrial; tachypnea, aspiration pneumonia (Ts)" of cardiopulmonary resuscitation (CPR) by the American Heart Association and created by the author for veterinary patients, are present in small animals with unexplained hypotension, or in those that appear questionably stable, appear to be in danger of imminent or have had cardiopulmonary arrest and are experiencing cardiopulmonary resuscitation [9,17,18,126]. Global FAST rapidly surveys for treatable causes, helps better direct resources and resuscitation efforts with the potential to improve survival and outcome (see Table 2). Global FAST should be part of advanced life support.

Global FAST for Staging Localized Versus Disseminated Disease

Anytime a serious finding is detected, Global FAST should be performed to determine if the abnormality is *localized* or *disseminated*; Global FAST also can help locate potential diagnostic sampling sites, (ie, centesis, fine needle aspiration, and biopsy) [19].

Recording results on goal-directed templates and serial examinations

To have value, any finding during Vet BLUE and all the components of Global FAST must be recorded on

standardized Goal-directed Templates (GDTs). GDTs are important for showing objective findings that may be tracked with future comparative Vet BLUE and Global FAST examinations with interobserver subjective variability (Figs. 14 and 15). Additional examples may be found in the Free Resources of FASTVet.com. Standard protocols with documentation of patient position are necessary to ensure accuracy.

SUMMARY

The Global FAST Approach as *an extension of the physical examination* is having a vital impact in small animal veterinary medicine. The mindset of Global FAST over POCUS *flashing* and *selective imaging* is important to prevent imaging interpretation errors. Documentation of baseline and serial findings on GDTs help track patients and can determine preexisting conditions. The greatest potential of Global FAST and its unbiased set of data imaging points of the abdomen and thorax including heart and lung, lies in its ability to capture conditions earlier in their course and conditions traditionally missed without use of ultrasound, with the potential for cure. The Global FAST examination is performed more expediently without the delay of traditional complete ultrasound studies and radiography including CT that may be delayed due to patient instability or resources. The use of Global FAST imaging allows the clinician to better pick the *next best* diagnostic test and more accurately treat patients by *seeing* their problems, thus carrying potential for keeping patients alive for gold standard testing and treatment. The Global FAST approach and POCUS have *awakened a sleepy giant* already contributing to widespread advancement in patient care and untold uses still exist on the horizon.

CLINICS CARE POINTS

- TFAST is a rapid point-of-care imaging test that can detect pneumothorax, pericardial and pleural effusion, cardiac abnormalities including chamber enlargement and abnormalities, cardiac-related masses and intracardiac parasites (*Dirofilaria immitis*), many of which are only suspected or missed on survey radiographs and avoids the inherent risk of transport and restraint of an unstable patient.
- TFAST can rapidly provide characterization of the caudal vena cava and hepatic veins for volume status, lung and cardiac pathology along the cardiac-diaphragmatic and pulmonary-diaphragmatic interface at the diaphragmatico-hepatic view.

- Vet BLUE has a regional, pattern-based approach of lung regions that help rapidly develop a working diagnosis. Moreover, using its B-line scoring system, there is an inherent severity scoring system that may be used to guide therapy and track patients.
- Vet BLUE has a visual lung language for consolidations and although not meant to replace plain radiography or computed tomography (CT), evidence is building on its performance being closer to CT than radiography.
- Global FAST should be used for rapidly surveying treatable forms of shock, hypotension; hyperkalemia; hypertension, pulmonary; hypocontractility; hypoventilation, pleural space disease; heartworm, caval syndrome and tension, pneumothorax; trauma, hemorrhage; thromboembolism, pulmonary thromboembolism; tamponade, pericardial effusion; toxin, anaphylaxis; tear, left atrial; tachypnea, aspiration pneumonia of CPR, as a means to better direct resources to increase the probability of saving a patient's life and also used for guiding resuscitation.

DISCLOSURES

Dr G. Lisciandro is the co-owner of Hill Country Veterinary Specialists and FASTVet.com, a private company that provides veterinary ultrasound training to veterinarians and veterinary professionals with loaned equipment from several ultrasound companies without sales commissions. The terms AFAST, TFAST, Vet BLUE, and Global FAST are service marked for educational purposes and are proprietary to FASTVet.com and Hill Country Veterinary Specialists through Lisciandro Enterprises, PLLC, Spicewood, Texas. His spouse, Dr. Stephanie Lisciandro, DVM, DACVIM (SAIM) is a co-owner of Hill Country Veterinary Specialists and FASTVet.com.

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